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MENTAL HEALTH TRAINING FOR MANAGEMENT

COURSE OVERVIEW

This course provides those that deal with staff welfare in-depth knowledge of how to provide support for mental health issues and how to recruit and support a team of mental health first-aiders in the workplace.

This course builds on the Level 2/5 Award in First Aid for Mental Health and covers a wider range of mental health conditions and goes into detail on the range of therapy and professional support that a person may be given by professional bodies during treatment for a mental health condition.

NOTE: A minimum of 4 participants is needed to run this course.

Remember this:

This course is mainly offered as on-site delivery.



COURSE CONTENT

The course covers a range of relevant topics including:

- What is First Aid for Mental Health
- Identifying mental health conditions
- Providing advice and starting a conversation
- Drugs and alcohol
- First Aid for Mental Health action plan
- First Aid for Mental Health in the workplace
- A large range of Mental Health conditions covered in detail

COURSE DETAILS

Session Length: 2 days-3 days depending on the delivery method

Assessment: Summative practical assessment, along with a written assessment on each day.
Professional discussion if online.

How it can be delivered: In-person at your venue or online. This course can support up to 16 participants in-person and up to 12 online

Remember this:

This course is mainly offered as on-site delivery.



QUALIFICATION

- Level 3 Award in Supervising First Aid for Mental Health (RQF)
- Award in Leading First Aid in Mental Health at SCQF Level 6.
- Valid for 3 years.



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